

# BROKEN BONES TOOK AWAY HER INDEPENDENCE



That's osteoporosis

Julia is 57 years old. She discovered she had osteoporosis after breaking her hip.



*Our vision is a world without fragility  
fracture in which healthy mobility is a  
reality for all*

**WorldOsteoporosisDay**  
October 20

[www.worldosteoporosisday.org](http://www.worldosteoporosisday.org)