

A mother's broken hip, a daughter's broken wrist: it's a family affair

# THAT'S OSTEOPOROSIS

Margarida, aged 80, and her daughter Adriana each required months of rehabilitation after their fractures. Although they have recovered well, Margarida now uses a walker to get around and needs help with some daily chores.



*Our vision is a world without fragility fracture in which healthy mobility is a reality for all*

WorldOsteoporosisDay  
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[www.worldosteoporosisday.org](http://www.worldosteoporosisday.org)